

Birra-Li

2 - 3 YRS



We thank you for considering [Snowy Mountains Care & Early Learning Centre](#) for the enrolment of your child.

Please read the information on the following pages for a brief introduction to the Birra-Li learning environment. Once enrolled to the centre, you will receive an Enrolment Kit with a wealth of information to assist you before your first day with SMCELC.

THE EDUCATORS

Belinda Streete is your Lead Teacher within the Birra-Li Learning Environment.

Belinda holds her Bachelor of Teaching in Early Education.

Belinda has retained valuable knowledge with years of experience as an Early Childhood Teacher. Belinda also has extensive experience in inclusion and early intervention. Belinda is dedicated to ensuring your child continues to thrive in a stimulating and open-ended environment.

Belinda is supported by additional qualified Educators that assist with the care, learning and development of your child, they are:

- Amanda Rifkin (Certificate III)
- Anita Nimmo (Trainee – Certificate III)
- Kasama Sonphuang (Certificate III)

EDUCATOR TO CHILD RATIO

As per the National Regulations for NSW Legislation every early care and learning centre's management and educators must adhere to a set educator to child ratio. This ratio is 1:5. For best practice we always try to always have an additional educator on hand.

At SMCELC we aim for consistency with our Educators to provide your child with a sense of security.

BIRRA-LI PROGRAM

The toddler program is designed to provide a safe, open ended and stimulating environment that is also warm and welcoming.

The Educators create wonderful bonds with your child to ensure your child feels safe and secure to explore their emerging skills.

We foster language, cognitive, physical, social, and emotional skills. The environment and resources are scaffolded to provide a variety of learning experiences for you child. The program is designed for your child to learn through play that is based on their interests and developmental needs.

The Educators then extend on the meaningful moments that your child experiences. You will be able to view observations and summaries regarding your child's learning and development through our online applications. We are also able to record your child's routine events such as sleep and nappy changes in real time.

The Birra-Li Program for Toddlers also allows extension into the Birra-Li Infants Program. The children gain developmental benefits from collaborative learning which also promotes their social and emotional skills.

TRANSITIONS

At SMCELC we invite your child into the centre for 2 settling sessions prior to their first attendance. This is to ensure a smooth transition and create familiarity for your child.

In ACECQA's 'Plan Effective Transitions For Children' it explains that a child or family member may experience some anxieties during this time. Families themselves may have concerns about their child's ability to cope with the demands of their new environment—learning where things are, what is expected of them, asking for help when needed. Forming a strong partnership with your Educators

helps to establish an understanding about expectations and attitudes and provides a foundation for building on the knowledge of both parties (i.e., both parents and educators) (Australian Institute of Family Studies, 2012).

Source: <https://www.acecqa.gov.au/sites/default/files/2021-01/PlanEffectiveTransitionsForChildren.PDF>

REST & SLEEP

It is important that through the day we provide a rest period for your child. During this time, sleep, rest, and mindfulness are promoted. If your child doesn't require sleep, we will invite them to participate in quiet activities, such as puzzles or books. Please keep in mind that if a child is showing signs of tiredness, we will invite them to rest on a mat, during this time your child may fall asleep. Our Educators will allow your child to rest for a limited period.

We create an ambient and comfortable atmosphere for your child during sleep. SMCELC ensures the safety of your child during these times. Educators, by law, must physically check your child during sleep every 10 minutes, this information is to be recorded along with the times your child falls asleep and wakes up.

Your child's sleep routine is based on your advice and your child's cues to fall within a flexible daily routine.

Your child will have an allocated sleeping mat for their sleep period, please provide sheets or a children's sleeping bag for their sleep/rest time.

NAPPY CHANGES

Nappy change routines are in place to ensure your child is attended to approximately every two hours. Please provide at least 6 nappies per day with your child's name on them. Each child has their own nappy basket.

Educators use this routine task to bond with your child, whether it be singing a song or taking part in a little fun game to bring smiles and giggles. Our hygiene and safety practices during this task is of high priority to our Educators.

ARRIVAL ROUTINE FOR FAMILIES

- Please ensure your hands are clean on arrival
- Our team will greet you
- For independence and a sense of belonging, we like the children to select a locker for the day and place their items in the locker. We then ask the children to put their lunchbox in the fridge and their drink bottle in the esky provided
- Advise Educators on routine information to assist with your child's needs for the day
- If medication is to be administered, please advise staff and they will assist you in filling out the Authorisation of Medication Form
- We ask that you please clearly label everything that your child brings to the centre including comforters, we prefer toys stay at home as we have so many resources at the centre

DAILY ROUTINE

The Birra-Li routine is flexible and works off your child's cues and family input. Parents are asked to inform staff of any routine needs.

- 8 am Educator Greetings/Arrival of your child
 - Indoor Experiences & Play
- 9am Nappy Change
- 9.30 Children invited to participate in a group story time
- 10am Morning Tea
 - Outdoor Play
- 12pm Lunch
 - Nappy Changes
 - Quiet Indoor Activities, Rest or Sleep
- 2pm Nappy Changes
- 2.30 Children invited to participate in a group learning experience
- 3pm Afternoon Tea
 - Outdoor Experiences & Play
- 4pm Nappy Changes
- 4.30 Indoor Experiences & Play
- 6pm Centre Closes/Say Goodbye

We are always excited to welcome new children and families into Birra-Li.

Please know that we bring a lot of love and passion to the education and care of our children at SMCELC. We view ourselves as professionals in our field and believe we have great knowledge to apply in our roles and offer our families. We welcome discussions concerning the needs, learning and development of your child. We also really appreciate consistent family input for your child. If you have any skills or hobbies that would be exciting for the child to participate in, please collaborate with your child's educators.

We thank you for considering Snowy Mountains Care & Early Learning

Your Birra-Li Educators